



My Fierce Ignorant Step

by Christos Papadopoulos

Abbey Theatre, on the Abbey Stage
7-9 May

Audio description | Sat 9 May | 7pm



Dublin
Dance
Festival



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Welcome

This is the familiarisation pack for *My Fierce Ignorant Step*, presented by Dublin Dance Festival and the Abbey Theatre.

This pack will help you prepare for your visit.

It includes information about the venue, the show, and what to expect on the day.

The performance is 60 minutes, there is no interval.

If you have any questions, please contact the venue at boxoffice@abbeytheatre.ie or by phone +353 1 878 7222



Content warning:

Performance contains strobe lighting effects





About the show

My Fierce Ignorant Step is created and choreographed by Christos Papadopoulos and performed at the Abbey Theatre, Dublin, as part of Dublin Dance Festival 2026.

Ten dancers move as one. Breathing, listening and pulsing together in near-total synchrony.

The show is about the euphoria of being alive: youthful energy, togetherness, and the radical power of hope.



What happens on stage

My Fierce Ignorant Step draws on the choreographer's feeling of being a teenager: the sense that anything is possible, and asks whether we can find that feeling again.

Ten dancers walk, pulse, breathe and move together with precision on stage. The goal of the dancers is connection; not being perfectly in sync. The show builds gradually from stillness into something exhilarating.

There are no individual characters or narrative roles. The ensemble moves together as a single collective force.

The music begins with a rhythmic, mechanical soundscape and slowly weaves in fragments of *Axion Esti*, a celebrated Greek musical work by Mikis Theodorakis, set to poetry by Nobel laureate Odysseas Elytis.

The music builds gradually from quieter, rhythmic passages to louder and more intense sound.

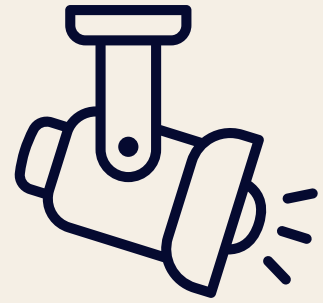
[Click here to listen to a sample of the music in the show trailer](#)

What to expect



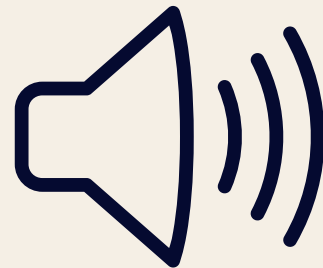
Warning

This performance contains strobe lighting effects.



Lighting

The show uses dramatic stage lighting.



Sound

The music builds gradually to louder, more intense sound near the end. There are no sudden loud bangs.



Daylight

The performance ends at 8pm, meaning you have time to travel home in daylight. This may be helpful if you have low vision. The sun will set around 9pm.

If you would like to order a taxi home, the Abbey Box Office staff can organise this for you.

What to know before you arrive

The building will be open from 6pm. You can come in, relax, use the bathroom and get ready for the performance.

There is a free cloakroom on the ground floor if you would like to leave your things.

Please arrive on time. Latecomers may not be admitted.

The foyer can get quite noisy and crowded before the auditorium doors open. You are welcome to bring ear defenders for your comfort.



If you need to leave during the performance...

You can watch a live feed of the rest of the performance in the foyer. There is a screen and soundbar on the wall opposite the café on the ground floor.

A member of staff can set this up for you.

Getting here

The Abbey Theatre is at 26/27 Lower Abbey Street, Dublin 1 (D01 K0F1).

The main entrance is on Marlborough Street.

DART: Tara Street is the nearest DART station.

Luas: Red Line to Abbey Street, or Green Line to Marlborough / O'Connell-GPO.

Parking: Q-Park The Spire is open 24/7. Use the code Abbey20 when you book online and get 20% off your parking.

Q-Park Irish Life is also nearby. It closes at 11pm on Saturdays.

[Click here to open a Google Maps link](#)



Photo of the outside of the Abbey Theatre.
The front door is beneath the archways in the
bottom right of the image.

Physical access

The Abbey Theatre

Getting in

There are no steps to enter the Abbey Theatre foyer.

Toilets

The ground floor toilet is not accessible to larger motorised wheelchairs.

Wheelchair seating

There are 2 wheelchair spaces available, one at each end of row H. Please contact box office to book.

Bar and refreshments

You can order drinks at the coffee bar on the ground floor. The upstairs bar is not wheelchair accessible. Cocktails and drinks on tap will be made upstairs and brought down for you.

Assistance dogs

Assistance dogs are welcome. Please let box office know when booking so they can provide appropriate seating.



Wheelchair seating is located at the wooden alcoves on either side of the auditorium.

What is audio description?

Audio description is a spoken narration of what is happening on stage. It can be useful for people who are blind or have low vision, and for neurodivergent audience members who find it helpful to have visual elements described aloud.

For this performance

Live audio description by Mo Harte. Sat 9 May at 7pm.
No booking needed.

How it works

A describer speaks into a microphone, describing movement, staging, costumes and lighting in real time.

You listen through a small receiver and earpiece. You can control the volume and turn it off whenever you like.

Getting your headset

Collect from box office before the show. Just ask a member of staff.



Photo of audio description device



Familiarisation pack: Aoife Ó Ceallacháin

Photographer credit: Pinelopi Gerasimou

My Fierce Ignorant Step is created and choreographed by Christos Papadopoulos and is commissioned and produced by Onassis Stegi with the support of Dance Reflections by Van Cleef & Arpels.

Presented by Dublin Dance Festival 2026 and the Abbey Theatre.



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